

# Colour Mood Boards



How do we use colour and what can provide our inspiration? From the big picture I take a lot of my inspiration from nature, pictures, movies and art. But when you break it down you can instantly get colour ideas from the details in nature; being texture, shadows and natural imperfections. Another way is looking at what you are naturally attracted to.

Have a walk around the neighbourhood, look in your fridge, cupboards and see how you can put your own mood boards together for inspiration. Once you have categorised them in colours stand back and look at the texture variation, how the light falls on different angles and the scale and intensity of the each colour. Then take one or two things out of their group and place it on another and see how they work together.

Do they clash, compliment, one stands out more than another? You may take up the dining table for a week but this will help you with confidence of experimenting with colour and ways you can apply it to your interiors.



**Neutrals** – Inspiration for this bathroom – texture, colours and shape

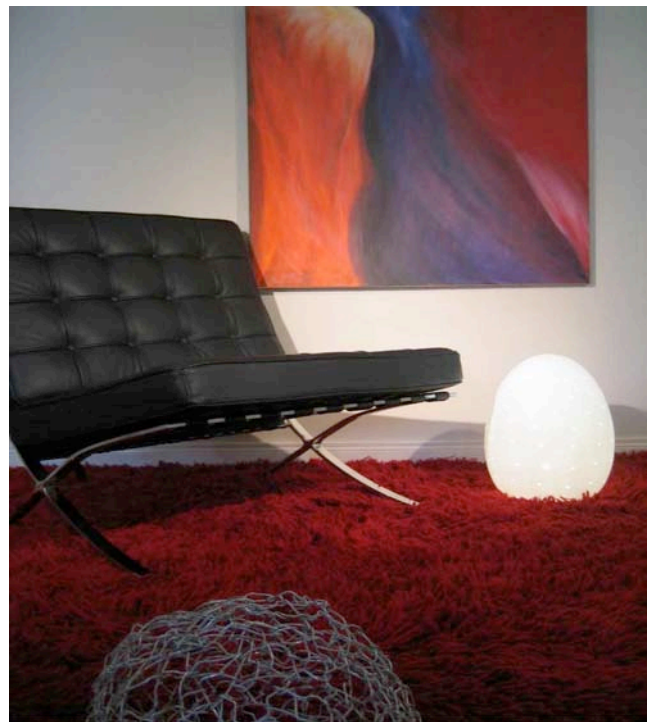


**Whites-** The romance of an all white room conjures up the words classic and sophisticated but it is very easy to make it cold and clinical or completely impractical. Start with your white base and add some neutrals and varying textures to put some warmth into the room

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**Black and White** – The ruffles of the roses and sheen of the pearls are replicated in the bed linen (Limited edition by Sophie Lui) and the harshness of the black and white contrast toned down with odd shaped vases and handmade shell lamp



**Red**- Known for its passion and heightening of the senses, red is truly a colour to include for expression and boldness so be careful of letting the red overpower

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**Orange** – like red it is about heat and excitement but mostly warmth. So once again be aware of your balance of colour using orange



**Metallics** – Gold, silver, pewter, stainless steel, aluminium and mirror reflections gives us shimmer and dynamics that can be applied in even the smallest of places